

SUNRISE, SUNSET

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 Record: Roper 138B Release Date: Jan., 1989
 Footwork: Opposite. Woman's special instructions in parentheses.
 Level: Phase III (EZ INT WALTZ)
 Sequence: INTRO - AA - BB - B(9-16) - END Speed: .39-40

Meas

INTRO

1 - 4 WAIT;; SLO STD ACK TO CP WALL;;
 1 - 2 wait ofp wall;;
 3 - 4 bk L, pt R twd ptr,-; fwd R, tch L in cp wall,-;

PART A

1 - 4 DIP; MANUV; SPIN TRN; BK HALF BOX;
 1 - 2 dip bk coh L,-,-; rec fwd R trng rf to cp rlod, sd L, cl R;
 3 - 4 bk L piv rf to lod, fwd R rise, bk & sd L to cp dw (W fwd R piv rf, bk L brush right to left, fwd R bet M's feet); bk R trng $\frac{1}{4}$ lf, sd L, cl R to cp dc;
 5 - 8 2 LF TRNG WALTZES TO CP WALL;; CANTER TWICE;;
 5 - 6 fwd L trng lf, sd R, cl L; bk R trng to fc cp wall, sd L, cl R;
 7 - 8 sd lod L, draw R, cl R; sd lod L, draw R, cl R;
 9 - 12 WHISK; THRU CHASSE TO BJO; FWD FWD/LK FWD; FC SD CL;
 9 fwd L, fwd & sd R, xLib (Wxib) rising on toes to scp lod;
 10 fwd lod R lowering from toes, sd & fwd L/cl R, sd & fwd L (W fwd L, sd & fwd R trng lf to bjo/cl L, sd and bk R) to bjo lod;
 11-12 fwd R, fwd L/lk Rib (W lk Lif), fwd L; fwd R blend to fc ptr & wall, sd L, cl R to cp wall;
 13 - 16 FULL LF TRNG BOX;;;
 13-14 fwd L trng $\frac{1}{4}$ lf, sd R, cl L; bk R trng $\frac{1}{4}$ lf, sd L, cl R to cp coh;
 15-16 fwd L trng $\frac{1}{4}$ lf, sd R, cl L; bk R trng $\frac{1}{4}$ lf, sd L, cl R to cp w;

PART B

1 - 4 WALTZ AWAY; TRN IN TO LOP; BWD WALTZ; BK SD CL TO BFLY;
 1 fwd lod L trng slightly lf, sd lod R slightly bk to bk, cl L;
 2 fwd lod R trng rf (W lf), sd L cont trn, cl R to lop rlod;
 3 - 4 bk L, R, cl L; bk R trng lf to fc ptr in bfly, sd L, cl R;
 5 - 8 SOLO ROLL 6;; VINE TWIRL; CHAIR REC CL;
 5 - 6 fwd L trng lf away from ptr release hnds, sd R cont trn to fc rlod, cl L to lop rlod; bk R trng lf to fc ptr and w in bfly, sd L, cl R;
 7 - 8 sd L, xRib, sd L (W twirl rf R,L,R); blnd scp lunge thru R, rec L trng to fc ptr & w, cl R;
 9 - 12 HOVER; PU SCAR DW; X HOVER BJO; X HOVER SCAR;
 9 -10 Fwd L, sd & fwd R rising, rec L to scp; fwd R, sd & fwd L, cl R to scar dw (W fwd L trng lf, sd R, cl L to sdcar);
 11 xLif (W xRib), sd R with hov action trng $\frac{1}{4}$ lf, rec L to bjo dc;
 12 xRif (W xLib), sd L with hov action trng $\frac{1}{4}$ rf, rec R to scar dw;
 13-16 X HOVER SCP; THRU CHASSE; THRU SD CL;
 13 xLif (W xRib), sd R with hov action trng $\frac{1}{4}$ lf, rec L to scp dc;
 14-15 thru lod R, sd & fwd L/cl R, sd & fwd L scp lod; repeat meas 14;
 16 thru lod R blnd to fc ptr & w, sd L, cl R;

END

1 - 2 VINE TWIRL; PT

1 - 2 sd lod L, xRib, sd L trng to op lod (W twirl rf R,L,R); pt R lod

NOTE: This dance with its companion dance "My Dear Heart" includes all steps and figures in phase III waltz. It is a parallel to the foxtrot "April in Paris".